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The World Health Organization (WHO) presents its compliments to Member States and Associate Members and has the honour to inform them that in collaboration with the Food and Agriculture Organization of the United Nations (FAO), the United Nations Children's Fund (UNICEF), and on behalf of the Healthy Diets Monitoring Initiative (HDMI), WHO is consulting with Member States to foster continued and sustained support for advancing the development and uptake of global guidance for monitoring the healthiness of diets to improve the health and well-being of populations.

Healthy diets are a key contributor in achieving the SDG 2 targets, which aim to end all forms of malnutrition by 2030, and SDG 3 targets, which aim to reduce by one third premature mortality from noncommunicable diseases through prevention and treatment and promote mental health and well-being, especially through indicator 3.4.1 on the mortality rate attributed to cardiovascular disease, cancer, diabetes or chronic respiratory disease. Moreover, in 2022, the Seventy-fifth World Health Assembly adopted recommendations for the prevention and management of obesity over the life course and related targets, which were accompanied by an acceleration plan that clarifies how WHO will support Member States in implementing these recommendations (decision WHA75(11) Annex 7). This decision is in addition to other related resolutions to improving diets, such as WHA57.17 Global strategy on diet, physical activity and health and WHA66.10 Global action plan for the prevention and control of noncommunicable diseases 2013–2020 that establishes NCD targets.

To support countries to monitor the healthiness of their diets, the Healthy Diets Monitoring Initiative (HDMI) has produced its first guidance for monitoring healthy diets globally, which provides a descriptive overview of healthy diets measurement purposes, types of surveys suitable for the monitoring purpose, appropriate dietary assessment methods, relevant dietary data types and healthy diet metrics with potential for national and global use. The guidance will be enhanced by the end of 2025 to reflect the most up-to-date technical and operational recommendations, after rounds of consultations with countries and experts actively engaged in the implementation of surveys and data collection processes.

Seeking support to understand the Member States' needs, priorities, challenges, and opportunities regarding the measurement and use of data on the healthiness of diets will ensure that guidance is responsive to these needs. To that end, HDMI will conduct online technical workshops in June and July 2024. The final dates and content of the workshops, including the draft guidance document, will be shared with identified participants by 28 June 2024. The workshops will be interactive, with simultaneous translations into the six official languages. The target audience includes representatives from the Ministry of Health, Ministry of Agriculture, and National Statistics offices, as well as other relevant national health and nutrition institutions.

Member States are invited to nominate their delegate(s) to participate in the workshops by sending the name(s) of the nominated participant(s) by email to [nfsdata@who.int](mailto:nfsdata@who.int) **by 5 June 2024**.

The World Health Organization takes this opportunity to renew to Member States and Associate Members the assurance of its highest consideration.

GENEVA, 15 May 2024